

CHBS Canopy

Inclusive Excellence

Volume 2 | Issue 5 – October 23, 2023

CHBS IE Highlight

Dietetics Demonstrates a Best Practice Example

The Dietetics Unit hosted a Student Drop-in attended by faculty and students on October 2, 12:30-1:30 p.m. They provided supportive conversation, addressed academic concerns, and allowed junior, senior, and graduate students to connect through great refreshments and activities. Informal conversation with faculty humanizes them and opens relationship building. The



welcoming environment was obvious to anyone passing the beautiful ground-floor dining space.

Researchers have identified best practices for building community and fostering student belonging as the pandemic eased. This falls within the CHBS inclusive excellence focus and strategies. *Providing students opportunities to share their experiences*, to be heard, and to follow up with appropriate support or responses to concerns fosters community building. The Dietetics unit offered space for their students to share with faculty demonstrating this best practice method. Other strategies include:

- Keeping students informed through various communication platforms. Consider how your unit is using its social media platforms. Better communication efforts may arise from JMU's new CRM/My Madison Connect for advisement (highlighted in the CHBS Update).
- Use peer mentors and student leaders to cultivate a sense of community. Examples of this are
 <u>Psychology's Peer Advisors</u> or Social Work's student leader participation in department meetings. Both
 of these foster information in both directions: students <-> faculty <-> students.
- Demonstrate care and compassion. This can occur when faculty come to class early for casual conversations with students when faculty use office hours as a welcoming space, or hosting a review session, even online, for students.
- Help students meet their basic needs. This was highlighted at the start of the semester as we welcomed our transfer students. The <u>Student Hub</u> is a great resource to keep posted for student selfreliance on Canvas course pages or in student spaces like hallways. Faculty and staff do not need to know every resource available for students, but the hub is always a great space to direct students.



Queer-Teach In

CHBS acknowledges our university community members for their hard work in planning and participating in the Queer-Teach In, even during stressful times. While many supported and assisted, Jade Oh, CHBS transfer student and Social Work major, had the unique opportunity to gain an internship with Dr. Kristen Kelley, lead planner for this event and Coordinator of Multilingual Student Services in the Learning Centers. This led Jade to conduct the conversation with the day's keynote speaker, adrienne maree brown*, who grows healing ideas in public through her multi-genre writing, her music, and her podcasts. As a new student from NOVA, she is making a pathway for her acceptance and engagement at JMU in a few short months.



Dr. Ben Blankenship, Psychology, ended the day with an interactive lecture: Joy & Awe as Resistance to Internalized Stigma. Dr. Blankenship joined the Psychology department in 2019, runs the Structural Oppression as Feelings, Attitudes, and Behaviors (S.O.F.A.B.) Psychology Lab, studies and is a CHBS LEAD Fellow this year. His research areas include social identity, stigma, prejudice, and stereotypes. *non-capitalization intentional*

Global Exposure

International travel opportunities allow students to develop cultural intelligence (CI), an essential skill for today's work world. Cultural intelligence is the ability to recognize and adapt to cultural differences. It helps to equip students and faculty with skills to navigate the complexities of cultural differences and to develop positive relationships. Study abroad opportunities are abundant within the college. Academic advisors may help direct students to experiences that would enhance their future careers. Here are some examples below, and you may find more through the CGE link. Faculty and staff may develop trips with the support of CGE and approval of their AUH.

Trip	Destination	Faculty/Staff
Exploration of Global Health Care Leadership	Grand Cayman Island	Christine Argenbright (SON)
JMU Internship in Australia (Kinesiology, Sports	Perth Australia	Jana Walters (KIN)
& Rec Management, Hospitality Management)		
Community, Food Culture, and Mind-Body	San Jose Costa Rica	Santo Coleman (HS)
Connection: Applying the Principles of the Blue		
Zones in Multidisciplinary Immersive		
Experiences		
JMU Summer in Ghana & Internship	Ghana	Ogundipe Adebayo (ENG)
		Courses in SOWK & Psychology

The Community Engagement & Volunteer Center (CEVC), formerly Community Service Learning, provides additional opportunities to develop CI. Course instructors may add opportunities for community engagement in their courses or become a learning partner who travels with students during offered "Break Trips". There is a CEVC Toolkit with information on engaging students within various types of communities.

CEVC will host **Partnership and Pancakes**. Tuesday, October 24th, from 9:00 am-11:00 am in Hartman Hall 2021. Please contact Mary Denlinger with questions at denlinml@jmu.edu (Registration was requested).

CHBS Pathways Program



This year, CHBS is engaged in developing a pathways program for middle and high school students. On October 13, CHBS hosted 105 high school students from Richmond's Hermitage High School and Harrisonburg High School in collaboration with our units. The planning committee was led by Associate Dean Doug Hochstetler and included Reem Mohammed (IIHHS) Johnny Ginnity (HP), Lincoln Gray (CSD), Kirk Armstrong (HP), Linda Plitt Donaldson (Dean's Office & IIHHS), & BJ Bryson (Dean's Office).

The Pathways program aims to expose underrepresented and firstgeneration students to health professions and disciplines. In CHBS professional areas, the representation of diverse persons nationally is low. We hope to impact this by introducing professions and

providing hands-on experiences. We hope to follow up on these contacts by developing long-term supportive relationships with the identified schools.

Special thanks to all students, faculty, and staff who made this event successful. In February, we will host our local middle schools.





Training Opportunities

Final Semester PLC

Developing an Inclusive Learning Environment with UDL-informed Design (Hybrid)

JMU Instructional Design Team November 7[,] 2023, 1:45 – 2:30 p.m. HBS 5040

The session will provide a basic introduction to the LAUD selfpaced Canvas site. Participants will be provided examples of universal design strategies and tools developed by the JMU Instructional Design Team to illustrate use in faculty efforts.



Universal Design and Pedagogy of Care(taking) (Roundtable)

Monday, October 30, 2023

2:00 PM - 3:15 PM

For more information: Daisy Breneman - brenemdl@jmu.edu

Join UMW's Chris Foss in this roundtable to explore Universal Design and the ethic of care(taking), for students and ourselves. Facilitated by Chris Foss, University of Mary Washington, and Daisy Breneman, CFI & CAL. Co-sponsored by Justice Studies and Disability Studies.

Monsters, Freaks, and Other Peculiar Bodies in Oscar Wilde's Fairy Tales: A Disability Studies Reading by Chris Foss

Monday, October 30, 2023
4:00 PM - 5:30 PM
The Union, Taylor 405
Co-sponsored by Justice Studies, the Center for Faculty

Co-sponsored by Justice Studies, the Center for Faculty Innovation, and Disability Studies.

Join Dr. Chris Foss for a just-in-time-for-Halloween talk on "Monsters, Freaks, and Other Peculiar Bodies in Oscar Wilde's Fairy Tales: A Disability Studies Reading". Foss, a University of Mary Washington professor and scholar, has published on nineteenth century literature, disability studies, universal design and the pedagogy of care, and disability in comic books and graphic narratives.

We strive to create an accessible and welcoming event; please direct any access inquiries or requests to Daisy Breneman at brenemdl@jmu.edu

Inclusive Community Series with Dr. DL Stewart

Thursday, November 2, 2023 3:00 PM - 4:30 PM Wilson Hall Auditorium

Sponsored by: The Office of Strategic Initiatives and Global Affairs

Dr. D-L Stewart after 20 years of teaching, research, and service in colleges and universities, current focus is on U.S. postsecondary education. His scholarship focuses on the philosophy and history of higher education, institutional transformation toward realizing equity and justice, and how higher education environments function within society and as a crucible for the learning and development of minoritized student, staff, and faculty populations.

Katherine Chiou, speaker

Friday, November 3, 2023 3:30 PM - 6:30 PM The Union, Taylor 405

Sponsored by: Sociology and Anthropology Department

A talk and discussion on chile pepper domestication and working with Native communities in the US to save and revitalize Indigenous seeds and plants.

EVENTS

30+30: Awareness to Action Inclusive Future Tour

Leading public updates to demonstrate current levels of accessibility, belonging, equity, diversity, inclusion activity, celebrate the champions involved, and invite information exchange toward continuous improvement; amplifying the power of our community's collective intelligence, expertise, and skill.

Engaging Faculty Development through Mentorship (Virtual)

Monday, October 23, 2023, 1:00 PM - 2:00 PM

Indigenous at JMU: Support and Outreach in Virginia and Beyond (Virtual)

Wednesday, October 25, 2023, 9:00 AM - 10:00 AM

Accessible Event Planning and Universal Design

Thursday, November 2, 2023, 3:00 – 4:00 p.m.

University Paralympic Sprot Education and Awareness: Informing Perceptions and Promoting Inclusivity

Monday, November 6, 2023, 1:00 – 2:00 p.m.

For more information

An Evening with Author Josh Barkan and his Memoir, Wonder Travels

Monday, October 23, 2023 7:00 PM - 8:30 PM Keezell Hall 0105

For more information: Erica Cavanagh - cavanaek@jmu.edu

A fearless odyssey from New York, Mexico, to Morocco to understand life's transitions.

ravels.

Perfect session for Staff!

Testing Your Citizenship Knowledge

Wednesday, October 25, 2023 1:00 PM - 2:00 PM The Union, Taylor 304

Sponsored by: James Madison Center for Civic Engagement

DEEP Dialogue: History of Drag

Wednesday, October 25, 2023 7:00 PM - 9:00 PM Success Center 1075 Sponsored by: SOGIE

The Story of Grief: A Conversation with Author Jesse Ball

Thursday, October 26, 2023 7:00 PM - 8:00 PM

Health & Behavioral Studies Building; Room G010 Sponsored by: Office of Creative Propulsion

Jesse Ball is the author of over fifteen books (Autoportrait, Census, A Cure for Suicide, Silence Once Begun, and others), and his works have been translated into more than a dozen languages.

Madison Center VA Senate District 2 Candidate Forum

Monday, October 30, 2023 6:00 PM - 9:00 PM Memorial Hall 4110 (Auditorium)

Sponsored by: James Madison Center for Civic Engagement

For more information: Gabriela Leija-Hernandez - leijahgm@jmu.edu

All Things Equal- The Life and Trials of Ruth Bader Ginsburg

Wednesday, November 1, 2023 8:00 PM

Forbes Center, Mainstage Theatre (\$\$\$)

A new play by multiple-Tony Award-winning playwright Rupert Holmes (*Curtains* - 2007, *Say Goodnight Gracie* - 2003, *The Mystery of Edwin Drood* – 2003) is a fascinating and humorous portrayal of the Supreme Court Justice, a true American original.

First Fridays at Furious Flower Broadside Gallery

Friday, November 3, 2023 5:00 PM - 7:00 PM

Cardinal House, 500 Cardinal Drive

Sponsored by: Furious Flower Poetry Center and CMSS

Furious Flower Reading Series: Tawanda Mulalu

Thursday, November 9, 2023 5:00 PM - 6:00 PM

The Union, Warren 256

Sponsored by: Furious Flower Poetry Center and CMSS

Award winning poet, Tawanda Mulalu, born in Botswana, reading will be lived streamed on the Center's Facebook page.

Embrace The Crown: A Rhoyal Pride Affair

Friday, November 10, 2023 7:30 PM - 10:30 PM Festival Highlands Room

Sponsored by: Sigma Gamma Rho Sorority, Inc.

This LGBTQ+ history focuses on addressing health disparities, raising awareness about transgender issues, advocating for better representation of Black queer and trans women in media, promoting allyship, and emphasizing self-care and resilience within this community. It includes an educational component with a visual tribute to honor the contributions of Black queer and trans women.

Inspirational Life Stories and What I've Learned

Sunday, November 12, 2023 4:00 PM - 5:00 PM Festival Ballroom Grand Sponsored by: *Health Science*

Seniors, Jackie and Joanne, are residents of Sunnyside Retirement Community. They will share their journey through life and well-being.

November 20th

